

Fly Swatters

Offensive Strategies

STUDENT TARGETS

- ✓ **Skill:** Throwing and Catching
- ✓ **Cognitive:** Offensive Strategies- moving to open space to create a passing lane.
- ✓ **Fitness:** Cardiovascular endurance
- ✓ **Personal & Social Responsibility:**

ACTIVITY SET-UP & PROCEDURE

Equipment:

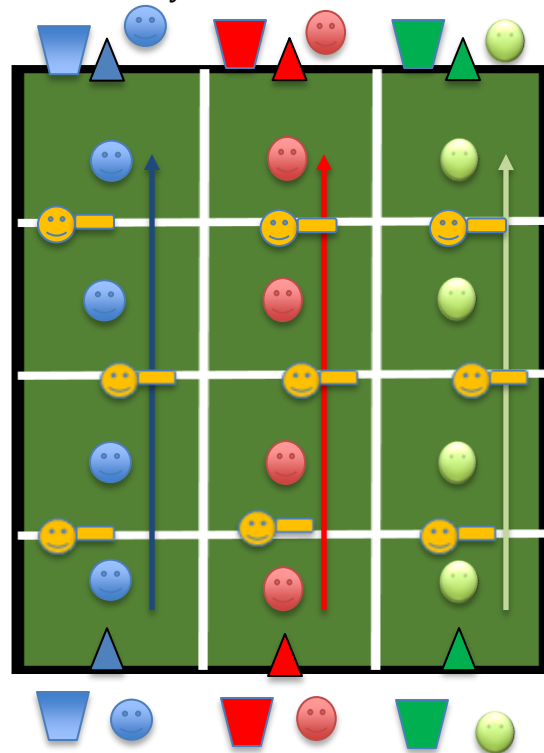
- ✓ Noodles
- ✓ Cones
- ✓ Bean bags
- ✓ Buckets

Set-Up:

1. Place fly swatters on the 3 horizontal lines of the grid to play defense. The swatter can only slide horizontally along the lines to swat the bean bags with the pool noodle.
2. Place offensive players in each grid.
3. Place a bucket of bean bags at one end.

TEACHING CUES

- ✓ Stay within the boundaries
- ✓ Stay on the defense line



Activity Procedures:

- Players attempt to pass bean bags from one end of the field to the other without getting it knocked to the ground by the fly swatter.
- The players can only move around within their grid.
- The bean bag must be passed within 3 seconds.
- Once a bean bag drops to the ground it may not be picked up.
- Rotate offense and defense after each round.

Grade Level Progressions

3rd: Players must stay in their column.

4th: Defense can slide into other columns but not cross other defenders. Offense can pass into other columns.

5th: Shorten the noodles and allow the defense to move off of the lines but must stay in a grid.

Fly Swatter

Offensive and Defensive Strategies

CHALLENGE PROGRESSIONS

- ✔ **Challenge Progression**
- ✔ Remove the noodles and use hands to tag
- ✔ Allow taggers to leave their line but not their box.
- ✔ Use balls instead of bean bags.

MODIFICATIONS

- ✔ **Developmental Modification**
- ✔ Use larger or smaller balls
- ✔ Use longer noodles or shorter noodles

ACADEMIC LANGUAGE

Offense	Speed
Defense	Level
Slide	

STANDARDS & OUTCOMES ADDRESSED

- ✔ **Standard**
- ✔ Throws with reasonable accuracy in dynamic, small-sided practice tasks. (S1.E15.5b)
- ✔ Catches with reasonable accuracy in dynamic, small-sided practice tasks. (S1.E16.5c) .
- ✔ Combines traveling with the manipulative skills of dribbling, throwing, catching and striking in teacher- and/ or student-designed small-sided practice-task environments. (S1.E26.4)
- ✔

DEBRIEF QUESTIONS

- ✔ **DOK1:** What strategies did you use to move the bean bag down the court?
- ✔ **DOK 2:** How did your team communicate to accomplish the goal?
- ✔ **DOK 3:** How will these strategies transfer to a specific sport?

TEACHING STRATEGY FOCUS

Strategy Focus: Help students to understand that they need to move to an open space to create an empty passing lane for the bean bag to travel. They can do this by changing speed, direction and level. They will need to communicate with their teammates.