



Muscular Strength Mist

To Activate: Spray a fine mist over the intended muscle group. After application, begin moving a heavy resistance for a small number of repetitions. Repeat at least three times a week for best results. Prolonged use leads to a happy, healthy life!

Possible side effects include but are not limited to:

- Increased fitness
- Ability to perform daily tasks with ease
- Increased bone density